2016 Extended Care Menu







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Raisin Bread/ Nutria Grain	Pop Tart	Muffin or Cereal	Bagel or Cinnamon Bun	Graham Cracker
Bar			Cream Cheese-Cheese	Cream Cheese
Cream Cheese/Juice				Juice
Milk - Water	Milk -Water	Milk -Water	Milk -Water	Milk -Water
Cheese It Crackers	Cookie	Vegetable Dip w/ Whole	Whole Grain Chips	Cheese &Crackers
		Grain Chips or	Salsa	
		Nacho Cheese		
Milk - Water	Milk- Water	Milk- Water	Milk-Water	Milk-Water
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pop Tart	Breakfast Bar	Cinnamon Bun or Danish	Graham Cracker	Muffin/Cereal
			Cream Cheese	
			Juice	
Milk - Water	Milk - Water	Milk - Water	Milk-Water	Milk and Water
Cookie	Cheese	Carrots w/Ranch Dressing	Pretzels	Sandwich w/Meat
	Cracker	Sun Chips	Cream Cheese or Cheese	
			Sauce	
		Water		
Milk and Water	Milk-Water	Milk-Water	Milk-Water	Milk-Water